



**YEAR 4**

**BEAUMANOR HALL**

# The benefits of residential

We believe passionately in the value of Outdoor Education and the benefits high quality outdoor learning can contribute to a young persons education. We will always ensure the experiences that are delivered to young people make a positive contribution to the our curriculum that is delivered back at school.



- **Enrich our curriculum**
- **Provide real life learning**
- **Explore own potential**
- **Increase self confidence**
- **Team work and independence**
- **Learn to manage risk**

# What takes place

## Climbing & Abseiling

Climbing can take place on the indoor wall or on the walls on the High Ropes Tower. Children learn the basics in climbing and may do some paired belaying, where they support each other. This activity requires both believe in oneself and trust in others.



- Technical skills

- Knowledge

- Safety

- Personal Challenge

- Life skills

# What takes place

## Canoeing & Kayaking

Canoeing is mostly based at Quorn Hall or in the event of the river being high, at Wanlip. You will be taken there by minibus.



- Technical skills
- Knowledge
- Teamwork
- Journeying
- Challenge

# What takes place

## Survival skills

The children will be given the task of building a water-tight shelter in the woods at Beaumanor. Their instructor will throw a bucket of water on to their shelter to see how successfully the task has been completed. The activity calls upon students design skills and the ability to work as part of a team. The essentials for survival will be explored and how these requirements might be met.



- Problem Solving

- Safety

- Teamwork

- Life skills

- Knowledge

# Kit list

- Sleeping bag
- Pillow
- Toiletries
- Towel
- Nightwear
- Underwear
- Torch
- Indoor shoes
- Sun cream
- Plastic bags!!!



- Tracksuit bottoms
- Thermal / football tops / shorts
- Sweatshirt / fleece
- Waterproof jacket / trousers
- Hat
- Old trainers
- Wellies



Depending on booking availability, the children can attend the residential at different times throughout the year. Although the activities will tend to stay the same, the weather will change quite dramatically. Warm and waterproof clothing is always a must!

# Meal times

Lunch is a pack up, usually taken in or near the cabin, depending on the weather. There are picnic tables outside the cabins, plus the children are more than welcome to sit on the grassed areas. Evening meals will vary from any of the above selection. There is always plenty of food.

## Breakfast:

- Cereals
- Toast
- Juice
- Cooked breakfast

## Lunch:

- Sandwich
- Cake
- Fruit
- Juice

## • Evening meal

- Chicken Dinner/veggies pasta
- Quorn Dippers/Chips
- Pizza(veggie)
- Pork Meatballs/Macaroni Cheese
- Salad bar
- Sponge/Flapjack/Cookies/Ice Cream
- Jacket Potatoes
- Yoghurts/fruit



# Evening activities

There is a small selection of evening activities from which the school will have selected:

***Murder Mystery:*** The group will do MM around the site, looking for clues to solve a mystery, inspired by the Victorian history of the house.

***Cellars:*** The group will play 'Hide and Seek' in the cellars. The session starts with some lights on, which are gradually dimmed. This activity enables children to overcome a fear of the dark. This activity is usually a highlight of the trip.

