

## Cottingham Church of England Primary School

Headteacher: Mr Ashley Scott

Berryfield Road  
Cottingham  
Market Harborough  
Leicestershire  
LE16 8XB

01536 771391

www.cottinghamprimary.co.uk



office@cottingham.pdet.org.uk



@CottinghamCofE



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Dear Parent / Carer

### Mental Health Awareness Day

Tuesday 10<sup>th</sup> October is Mental Health Awareness Day. With this in mind, I am asking the Magnificent Mind Team to help me organise and get involved with various activities.

To start the day we are promoting a healthy body and will be leading a walking bus to school. The MMT team will need to be in school for 8.30am to get ready and walk up to the Spread Eagle to meet other pupils/parents.

After school, the MMT will be organising and hosting a cake sale – all monies raised will go to the Air Ambulance Charity.

For this, I will need your permission for your child to stay in school until 4.00pm to help sell and tidy up after the cake sale. Donations of cakes from the MMT would also be very gratefully received. Home made or shop bought.....

Please fill in the permission slip below and return to school by Friday 29<sup>th</sup> September. Thank you

Kind regards  
Carolynn

### Mental Health Awareness Day – Permission Form

I give permission for .....(name of child) to help lead the walking bus on Tuesday 10<sup>th</sup> October.

I also give permission for them to help at the cake sale after school and understand they will be in school until 4.00pm.

Please indicate if you are happy for your child's photo to be used on our school social media channels. **YES / NO**

Signed.....parent/carers

CARE

BUILD

FOLLOW

THINK



NORTHAMPTON TOWN F.C.  
COMMUNITY



WINNER

GOLD WINNER



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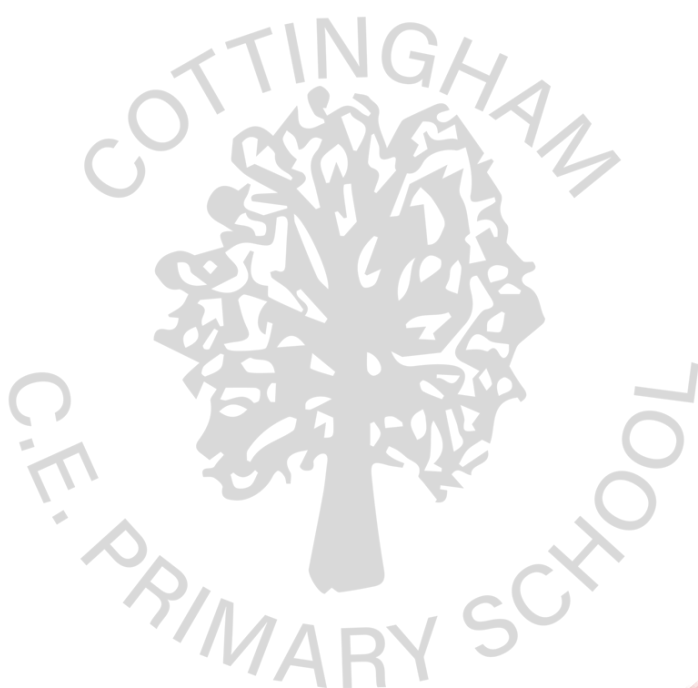
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